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Description : (Bass Builders). Perfect for beginning to advanced players, this book with audio by world-renowned bassist and educator Jon Liebman provides a 52-week, one-exercise-per-week workout program for developing, improving and maintaining bass guitar technique.

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Perfect for beginning to advanced players, the Bass Aerobics book/audio pack by world-renowned bassist and educator Jon Liebman provides a 52-week, one-exercise-per-week workout program for developing, improving and maintaining bass guitar technique.

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